# Anduhyaun Inc.

Annual Report

2022-2023





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## MANDATE

Anduhyaun strives to support Indigenous women and children in their efforts to maintain their cultural identity, self-esteem, economic, physical and spiritual well-being.

# CIRCLE OF DIRECTORS 2022-2023

Vice President Carolyn Valle

Secretary Alyssa McLeod (resigned)

Director Judy Malcom

Director Janice Kelly

Director Evonne Wright (resigned)

Director Caitlin Cassie (resigned)

Director Bonnie Johnston (removed)

# MESSAGE FROM THE CIRCLE OF DIRECTORS

I hope this message finds you in good health and high spirits. As the Acting President of Anduhyaun's Circle of Directors, it brings me great pleasure to provide you with an update on the wonderful year that we have had, in spite of the various changes and challenges that have come our way.

Let us take a moment to remember and give thanks to our original Grandmothers: Jeannette Lavell, Vera Martin, Mildred Redmond, and Mary Jane Young, for all their efforts 50 years ago.



First and foremost, I am thrilled to announce that the construction of our new shelter is well underway and progressing toward completion at an impressive pace. The tireless efforts of our dedicated team, in collaboration with the talented architects and construction professionals, have brought us closer to our vision of a safe haven for Indigenous women and children in need. With great anticipation, we expect the completion of the new shelter by December of this year, offering a fresh start and renewed hope to individuals seeking refuge and support.

The development of this state-of-the-art facility is a testament to our unwavering commitment to the well-being of the vulnerable members of our community. We believe that by providing a secure and welcoming environment, we can empower individuals to rebuild their lives and pave their path towards a brighter future. The new shelter will feature modern amenities, expanded services, and enhanced resources, all designed to meet the diverse needs of our residents with the utmost compassion and care.

Thank you to Blanche Meawassige (Executive Director), Deborah Brant (Program Manager), Amanda Bahadur (Program Coordinator), Karen Dwyer (Shelter Manager), and Kara Mooney (Program Assistant). Anduhyaun would not be the same without this tremendous team and all the individual gifts that they bring.

Thank you to my fellow Board members, Judy Malcom and Janice Kelly, for all of their contributions and sincere commitment to Anduhyaun. I would also like to thank the Fundraising Committee for their ongoing dedication and hard work.

Amidst the backdrop of the COVID-19 pandemic we have faced numerous hurdles, but our resilience has proven unwavering. The past two and a half years have been a testing period for us all, yet Anduhyaun has demonstrated remarkable adaptability and strength. We swiftly adjusted our operations to adhere to public health guidelines, ensuring the safety and well-being of both our residents and staff members. We implemented innovative strategies to continue providing essential services, delivering support remotely when necessary, and embracing technology to bridge the physical distances imposed upon us.

None of these accomplishments would have been possible without the unwavering dedication and support of our incredible team, who have shown remarkable perseverance and commitment. From the frontline staff to the volunteers, every individual associated with Anduhyaun has played an instrumental role in upholding our mission during these trying times. Their selflessness and empathy have not only preserved the integrity of our organization but also uplifted the lives of countless individuals who depend on our care.

As we move forward. we must acknowledge that challenges and changes are inevitable. However, with a shared vision and an unwavering commitment to our mission, we can continue to overcome these obstacles and make a profound difference in the lives of those we serve. Together, let us strive for excellence and foster community а that values compassion, inclusivity, and empowerment.

On behalf of the Circle of Directors, I extend my heartfelt gratitude to each and every one of you for your steadfast support and unwavering dedication to Anduhyaun. Your belief in our mission and your commitment to our cause have been instrumental in propelling us forward.

I eagerly anticipate the completion of our new shelter and the bright future it holds for both Anduhyaun and the individuals we serve. Let us continue to stand strong and united, drawing strength from the resilience that defines us.

With warm regards, Carolyn Valle Vice President, Anduhyaun Circle of Directors

# MESSAGE FROM THE EXECUTIVE DIRECTOR

With the support and vision of two former Board Members, Cathy Pawis and Wanda Whitebird, our shared goal of building a new, emergency shelter took its first of many steps in 2009.

It takes whole village to build a new shelter. In our case, the 'village' was/is former clients, shelter staff, management, the teams at Tim Welch Consulting and LGA Architectural Partners; Sheila Nayak, Toronto Region and the Capital Planning and Delivery Team, Ministry of Community and Children's Social Services (MCCSS), Canada Mortgage and Housing Corporation (CMHC), and the Renokrew Construction team. To all of you, Miigwetch.

We anticipate occupancy late January or early February 2024. Indigenous culture is honoured throughout the new shelter. For instance, the exterior design honours Nbi/Water and Nbi is Bmaadzaawin/Life. Nbi is represented in the 'fins' which appear to be waves. The interior and exterior palettes also honour our medicines, Sweetgrass, Sage, Cedar, and Tobacco.



Spring 2022



Fall 2022



Spring 2023

A NEW VAW SHELTER



On March 12 Anduhyaun marked its 50th year of service. We honour this milestone and the Grandmothers who envisioned a safe space for the community in 1973. I want to extend a warm welcome to Karen Dwyer, Shelter Manager, who joined Anduhyaun's team this past March and thank Roma George, former Shelter Manager, for her years of service and wish her well in her new job.



This past year, the Circle of Directors approved the 2022 - 2026 Strategic Plan. To quote the Plan, "The Core Directions are the directions of "our home" that will continue to guide the work that we do throughout the next four (4) years until 2026. As we have witnessed through the pandemic, there may be many shifts and changes on the horizon, however, if we ground our decisions within the four (4) directions, we are confident we will be able to make the necessary decisions." The Core Directors include Collaboration, Community, Culture and Connection. Additionally, Anduhyaun's by-laws were updated and comply with Ontario's Not-for-Profit Corporations Act (ONCA).

To my fellow team members, I know these past few (COVID-19) years have tested us in ways we could not have imagined. Through it all, you did not blink as we continued providing our clients and tenants with optimum service. For this I say thank you very much, together we kept the Circle strong.

To Anduhyaun's funders we appreciate your ongoing support, notably, Toronto Social Housing and the Ministry of Children, Community, and Social Services (MCCSS). It would be remiss to not include Indigenous and Northern Affairs Canada (INAC) for capacity building funds, Aboriginal Labour Force Development Circle (ALFDC), and Unifor – to each of you, thank you.

To the Circle of Directors, thank you for your volunteer service.

Miigwetch, Blanche Meawassige (Kwe/She/Her) Executive Director

## ANDUHYAUN EMERGENCY SHELTER

As the new Shelter Manger, I am excited to be working with staff, agencies, the City of Toronto, and other resources. Serving our clients and their children in our now fully operational 18 bed shelter since the spring of 2023. This past year has seen many changes with COVID-19 protocols. We have maintained our quality of service throughout the ever-changing Pandemic Plan with generous funding from the Ministry of Children, Community, and Social Services (MCCSS) and donations for ongoing PPE supplies. We have received donations from Bell Canada and the City of Toronto. We continue to have a onsite cleaning company daily, maintaining a clean and safe environment for our clients.

Many thanks to the Circle of Directors for all their efforts. A special thank you to MCCSS and the design and construction team for their tireless efforts in assisting us with funding and guidance for the newbuild, to be completed in the near future.

Anduhyaun Shelter supports Indigenous women and children who require our services for positive outcomes from trauma-based homelessness and supports their cultural values: physically, mentally, emotionally, and spiritually.

This past year we assisted 107 women and 47 children; 85 Indigenous women and 11 Non-Indigenous women, within COVID-19 restrictions. We continue to work in partnership with the Barbra Schlifer Clinic, Anishnawbe Health, Native Women's Resource Centre, Toronto Aboriginal Support Centre, and the Gerstein Centre.

Some of the Programs which were initiated during 2022: 'Every Child Matters' orange t-shirts supplied on Orange T-shirt Day and National Truth and Reconciliation Day. There have been workshops for staff and clients such as flower pot painting, ribbon skirt making, and poppy beading. Last year staff were involved with lateral violence training.

- 154 women and children served
  - 85 Indigenous women served
  - 66 traditional circles held

Our Sexual Assault Counsellor, Brenda Jacobs, has been every helpful with full moon ceremonies, 66 Circles, and trauma-based counselling for clients.

We no longer have a cook bringing in meals. We have now implemented the Life Skills Program with mindfulness to Indigenous The clients and staff cooking. are enthusiastically working together with this new arrangement. Smudging is an important part of Indigenous tradition and is being coordinated frequently. We have started working with Second Harvest for weekly food donations. There have been improvements to the Shelter with the assistance of the City of Toronto and we continue to maintain the backyard for the children's enjoyment.

We would like to thank the staff for their superior front-line and counselling skills in finding resources and delivery of positive results for our clients and their children in a timely fashion, while being empathetic and compassionate. We strive to provide a safe and secure 'home' in a strength-based, client-centred environment that supports all women along their journey.

We hope to find new ideas to be more progressive operationally, as Anduhyaun Inc. moves forward, as this is the oldest Indigenous Shelter in Toronto. We strive to continue to be a beacon of hope in this community.

Miigwetch, Karen Dwyer Shelter Manager



Program: painting and planting flower pots





Mother's Day handmade everlasting roses

## NEKENAAN SECOND STAGE HOUSING

The past fiscal year continued to be challenging for Nekenaan Second Stage Housing. The low number of housing applications received kept the Nekenaan occupancy rate low. There were six moveins and five tenants that secured permanent housing. As of March 31, 2023, there were four women and seven children, with an occupancy rate of 29%.

Despite continued challenges, the Nekenaan team continued to provide support to our women and children who accessed our services to ensure they felt supported as they strive to make healthy positive changes in their lives. Pandemic protocols and health and safety measures continued.

Anduhyaun continued to provide items to tenants and their children. Nekenaan provided tenants with donated CNE passes, backpacks and school supplies for school age children, Mother's Day hampers and gift packages, Orange Shirt Day/National Truth and Reconciliation Day Every Child Matters orange t-shirts. For Christmas, tenants received toys for their children, as well as hampers and gift packages. When a tenant secured permanent housing, a move out package was provided.

Anduhyaun was able to secure funding to contract a security company, GardaWorld Toronto. Throughout the week, GardaWorld patrols each floor, as well as the perimeter of the Nekenaan building. This extra security measure ensured that the tenants and staff felt safe. Funding was also secured for the required boiler repairs at the Nekenaan building.

Nekenaan staff continued to support each other and are reminded to take care of our own well-being. Challenges will continue. Successes will happen.

Nia:wen, Deborah Brant Program Manager

- 24 Indigenous women and children served
  - 6 families moved in
  - 5 families secured housing

### **FUNDRAISING**

Thank you to our new and long-time supporters for contributing to Anduhyaun this fiscal year. Through the Circle of Directors, Fundraising Committee, donors, grantors, staff, and community, Anduhyaun raised over \$100,000 in monetary donations and just under \$900,000 in grants for 2022-2023.

**Fundraising Activities:** 

- Annual Winter Solstice campaign which raised over \$23,000
- Second Orange Shirt Day Fundraiser, which quickly sold out of Every Child Matters t-shirts and wrist bands, and raised over \$2,300
- Strawberry Moon was celebrated with storytelling. Akeesha Footman led berry teachings and Brenda MacIntyre, Medicine Song Woman sang the Anduhyaun Honour song

After a long hiatus we saw a cautious return to in-person events such as a trail run hosted by One Academy Gym, and a Ladies Night Fundraiser hosted by Ana Ledo. We appreciate all our Friends of Anduhyaun and the numerous contributions that support our services.

For the upcoming year, fund raising efforts will focus on the new shelter and creating a safe and comforting space that promotes well-being.

To the hardworking members of the Anduhyaun team and Fundraising Committee volunteers, thank you for your dedication and efforts.

Miigwetch, Amanda Bahadur Program Coordinator



One Academy Trail Run



Winter Solstice donations





Orange Shirt Fundraiser

## Miigwetch

Thank you to all the individuals, business, and organizations who supported Anduhyaun in any way this year. Your generosity allows us to provide meaningful services to Indigenous women and children.

### A special thank you to our continuing supporters:

- ALFDC
- CHUM Charitable Foundation
- Elementary Teachers' Federation
   United Way
- ON Realtors Care Foundation
- TASSC

- Toronto Foundation
- Unifor
- Women's Shelters Canada

### Individuals:

Abramson, Arly Adrenica, Nicky Afsahi, Nazgol Agana, Karyl Andrews, R Applin, Stephanie

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Fairbrother, Jaime-Leigh Falby, Robert

Feinig, Nicholas Feuilloley, Nalini Flanigan, Christiana

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La, Du
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Lau, Karen
Laws, Malcolm
Le, Jannies
Ledo, Ana
Lee, Amanda
Lei, Joyce

Lohrenz, Joanna Loiselle, Frances Lupoi, Maria

Luthra, Vishal Ma, Michael

MacDonald, Cameron

Macintosh, Scott MacLeod, Cameron Magsi, Mariam

Malcom, Judy Maracle, Chase Martin, John McGee, Kathleen McGill, Jennifer McKinnon, Connor McManus, Sarah

McNulty, Jean McPhee, Lucy Mendez, Nancy

Misquadis, Kailey Mofrad, Tanaby Moher, Ester

Morrison, Thomas Neil

Morton, Heather Mossman, Diane



Anduhyaun logo etched in stone donated by Mike Nemet

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### **Businesses and Organizations:**

Amgen Canada Medtronic

Bell Canada National Silicates

Best Displays & Graphics

Native Child And Family Services

Blumenthal Real Estate Group Inc.

Norden Wynde Investments Ltd.

Cardinal Ambrozic Catholic School North America Taiwanese Women's Assoc.

NorthWest Healthcare Properties

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Catholic Women's League

Church Of St. Mary And St. Martha Pajama Project

City Of Toronto Mount Dennis daycare Pink Avenue Skin Care
Creative Native T-Shirts Platform Insurance

Creative Native T-Shirts

Dandelion Initiative

David & Mary Thomson C.I. Sherritt International Corporation

Farm Credit Canada Shoebox Project

First Christian Reformed Church of Toronto Shoppers Drug Mart Life Foundation

FreeMasons Shorcan Brokers Limited

Fundserv Thunder Women's Healing Lodge

Game Plan 67 (Nish Gear) Toronto Family Mediation Services

Grace Redemption Christian Church Troop Impact Inc.

Greenwin Corp.

Hub International

Unifor 112

Unifor Social Justice Fund

Kingsway Lambton United Church Women Winners Merchants International

Kiwanis Club of Kingsway Humber WTW Co.

### Third Party Fundraisers:

Central Toronto Academy Soccer Fundraiser
David & Mary Thomson C.I. Students Fundraiser
Folding The Page Stack for a Cause
Ladies Night hosted by Ana Ledo
One Academy Truth & Reconciliation Trail Race
Re:Sound Holiday Fundraiser
Students for Shelters University of Toronto
University Pension Plan International Women's Day Fundraiser



## Anduhyaun Inc.

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